《Community Association chairman’s Sign Book》

How to play the game
(1) Write your name (nickname) in the blank starting “From ” on Thank You Card.
(2) Think special skills or competence which you think necessary in a time of disaster but not described on the “Community Association Chairman’s Sign Book”, and write such skills or competence on Thank You Card.
(3) When you find an appropriate person, read aloud what is written on Thank You Card and hand over the Thank You Card to that person.

《Explanation of the rules when playing the community association chairman game》

Suppose you are now in a shelter after a huge earthquake and you are a community association chairman (community leader). Many problems happen one after another in the shelter. Even though you cannot handle such problems alone by yourself, don't you think it's encouraging if you know those who will cooperate with you? All people who gather here meet for the first time. Please find people with necessary skills or competence among them and ask them to help you so that they will work together with you willingly.

In a shelter, strangers live together for a long time. When you live together with strangers, you may feel stress. Communication becomes important when relieving stress. This community association chairman game is a tool to learn importance of communicating daily and achieving deep communication and help you think how communication in a time of disaster should be.

“Community association chairman’s sign book” distributed to all of you shows skills necessary in a time of disaster. Speak to your neighbors and obtain signatures from 9 people.

There are 2 rules.
1. Please fill 9 grids with signatures of 9 different people.
2. Please give “Thank You Card” to those who sign as a token of your appreciation. When giving your Thank You Card, please read aloud what is written on it.
(1) Now, please write down your name on Community chairman’s sign book distributed to you (You can write your nickname instead, if you don’t want to write your name).
(2) Also, please write your name in blanks which start with “From ” on Thank You Card.
(3) Next, I would like you to think of “special skills or competence”, which you think may be necessary in a time of disaster but not described on “Community Association Chairman’s Sign Book.” Write such skill down in the grid at the bottom on the right side on the “Community Association Chairman’s Sign Book” and on Thank You Card 9. You can discuss with people around you.

The key in this game is **how you can find specialties and good points of others**. As you have to get signatures of others, you should communicate with others so that you can find their specialties and good points from conversation. Also, you should try to communicate with as many people as possible.

**Here is a bad example.**

A: Do you think this item on this card applies to you? (You show a card and read the item)
B: Yes, it applies to me, so, I give you my signature.

This is not communication. It’s not interactive, and such communication does not mean you find skill required in a time of disaster. Also, do you think the person would help you willingly with such communication?

Now, let’s start.
Community association chairman game/ Points found in reviewing shelter diary

- Critical void period
  In a time of disaster, there is a period of void in services when disaster victims have to help each other. The first priority goes to protecting your life by yourself and thus protecting your community by yourselves becomes important. When none can come and help you, survival itself becomes difficult if everybody does not help each other.

- Why does critical void arise?
  A community becomes isolated due to collapse of buildings, ground, hillside, tunnels, bridges, railroads, or ports, liquefaction, severed roads or loss of transportation. For example, we should be aware that a car cannot get over a dozens-inch-high obstacle.

- You may think we should rely on government, such as prefectural government or municipalities.
  Some think “It’s unnecessary to keep stock personally because municipalities reserve food.” But, for example, a city reserves food to support only 5% of its population (for 3 days). This 5% of the population means the food for those who have difficulties in getting meals by themselves. Therefore, we should be aware that food cannot be distributed to all citizens initially and thus food shortage happens if each individual does not keep food stock.

- Be aware of the importance of mutual cooperation
  Buildings collapse, hospitals collapse, medical institutions do not function, no doctors or nurses are around, no rescue teams come to save you. Under such circumstances, when roads and bridges in your area are damaged and if your area has many injured people or many fires, you can expect neither fire extinction, emergency first aid, nor medical care. For example, when a big earthquake hit Haiti, many injured people were left for a week without receiving any care. Under such circumstances, the only people you can rely on are your community neighbors.

- Your community has people with different skills
  Everybody is imperfect. None can do everything. Some are strong, some can cook, some can make a fire, some are good at playing with children, some are good at listening to others, some can provide treatment for injuries. When people gather, many different things can be done.

- You feel happy when you get praise or credit from others even when you are grown
  In a shelter, strangers live together sharing space more than one month. Through this
education, a tool is designed so that players experience changes in distance between strangers when the game finishes and think how to find his or her place and improve comfort levels (such as accepting others, have an assigned role). In particular, having an assigned role in a time of disaster solves troubles, gives a purpose of life, and results in mutual cooperation. If you don’t have anything to do, what you can do is sleep or drink every day. You will become completely dependent on others.

• **It does not matter even when what you can do is small thing**
  
  Taking care of children, do cleaning, speak to others. Even such small thing is fine.

• **Evaluate yourself and be evaluated by others so that you can recognize what you can do**

  This Community Association Chairman game helps you recognize how others around you view and evaluate you. Additionally, you can check by yourself the role you should play and what role is expected on you in a time of disaster when you check cards you receive.

• **Pay attention to what will “be retained in memories of the people around you.”**

  If you take selfish actions and behaviors putting yourself before in a time of disaster, your neighbors will not forget such actions and behaviors even at normal times and continue to blame you. Your neighbors may say “that person did not share food at the time of disaster” throughout your life. Difficult time is limited, so, it is important to help others and help each other in time of trouble.

  On the other hand, if you do not get along well with your neighbors, you may be the last one they help get out from collapsed houses. It is important to be always kind to others around you.